

# CONRAD SPA

MALDIVES  
RANGALI ISLAND

## SIGNATURE COUPLE'S TREATMENT

Art of Love	180 min	\$880 per couple
Maldivian Indigenous Treatment	90 min	\$586 per couple
Allure	120 min	\$765 per couple

## PERSONALIZED COUPLE'S MASSAGE

Aromatherapy	60 / 90 min	\$459 / \$548 per couple
Balinese	60 / 90 min	\$459 / \$548 per couple
Deep Tissue	60 / 90 min	\$459 / \$548 per couple
Foot Reflexology	60 min	\$433 per couple
Hot Stone	90 min	\$548 per couple
Lomi Lomi	60 / 90 min	\$459 / \$548 per couple
Shiatsu	60 / 90 min	\$433 / \$535 per couple
Swedish	60 / 90 min	\$459 / \$548 per couple
Thai Herbal Compress	90 min	\$548 per couple
Traditional Thai	60 / 90 min	\$433 / \$535 per couple

## CHAKRA COLOR RITUALS

Violet Spirit	120 min	\$420 per person
Indigo Intuition	120 min	\$420 per person
Blue Calming	120 min	\$420 per person
Green Harmonizing	120 min	\$420 per person
Yellow Confidence	120 min	\$420 per person
Orange Energizing	120 min	\$420 per person
Red Empowering	120 min	\$420 per person

## BODY MASSAGE

Aromatherapy	60 / 90 min	\$242 / \$293 per person
Balinese	60 / 90 min	\$242 / \$293 per person
Deep Tissue	60 / 90 min	\$242 / \$293 per person
Foot Reflexology	60 min	\$229 per person
Four Hand	60 / 90 min	\$459 / \$637 per person
Hot Stone	90 min	\$293 per person
Mother to be	75 min	\$267 per person
Lomi Lomi	60 / 90 min	\$242 / \$293 per person
Shiatsu	60 / 90 min	\$229 / \$280 per person
Swedish	60 / 90 min	\$242 / \$293 per person
Thai Herbal Compress	90 min	\$229 per person
Traditional Thai	60 / 90 min	\$229 / \$280 per person

## AYURVEDIC TREATMENT

Ayurvedic Experience	90 min	\$318 / \$612 per couple
Ayurvedic Massage	60 min	\$254 / \$484 per couple
Shirodhara	30 min	\$114 / \$203 per couple

## BODY TREATMENTS BY VALMONT

Fit and Tone - Peaks of Slimness	60 min	\$318 per person
Soft and Smooth - Vitality of the Body	60 min	\$318 per person
Fresh and Feel - Bissed Purity	40 min	\$203 per person

## FAMILY OFFERINGS

Father and Son	60 min	\$409 for two people
Mother and Daughter	60 min	\$409 for two people

## YOUR ULTIMATE TREATMENT BY VALMONT

L'Elixir Des Glaciers - Majestic Treatment	90 min	\$642 per person
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## SIGNATURE FACIALS BY VALMONT

Hydration of Bisses	60 / 75 min	\$344 / \$396 per person
Energy of the Glaciers	60 / 75 min	\$344 / \$396 per person
Luminosity of the Ice	60 / 75 min	\$344 / \$396 per person
Lifting from the Peak	60 / 75 min	\$344 / \$396 per person

## RITUALS BY VALMONT

Purity of the Alps	45 min	\$224 per person
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All prices are in US\$

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## BODY MASKS AND SCRUBS

After Sun Soother	75 min	\$268 per person
Coconut Nourishing Polish	30 min	\$101 per person
Deep Purifying Body Mask	30 min	\$101 per person
Oriental Detox Body Mask	30 min	\$101 per person
Hydrating Body Mask	30 min	\$101 per person
Oriental Detox Scrub	30 min	\$101 per person
Deep Purifying Scrub	30 min	\$101 per person
Regenerating Scrub	30 min	\$101 per person
Energizing Scrub	30 min	\$101 per person
Harmonizing Scrub	30 min	\$101 per person
Himalayan Salt Scrub	30 min	\$101 per person

## PRIVATE HEAT THERAPY SUITES

Deluxe Suite	45 min	\$109 per person
Deluxe Suite	45 min	\$128 per couple
Standard Suite	45 min	\$83 per person
Standard Suite	45 min	\$103 per couple

Using Eforea Body Bliss Hydrating Milk Bath

## ENHANCEMENTS FOR ANY TREATMENT

Back Relief	30 min	\$96 per person
Lighter Legs	30 min	\$96 per person
Foot Massage	15 min	\$45 per person
Hand Massage	15 min	\$45 per person
Scalp Massage	15 min	\$45 per person

## SHELLAC HAND AND NAIL

Manicure + Color Application	60 min	\$165 per person
Color Removal + Manicure + Color Application	75 min	\$191 per person

## SHELLAC GROOMING FOR FEET

Pedicure + Color Application	60 min	\$165 per person
Color Removal + Pedicure + Color Application	75 min	\$191 per person

## MANICURE AND PEDICURE

Express Manicure	45 min	\$89 per person
Express Pedicure	45 min	\$89 per person
Hand and Nail	75 min	\$127 per person
Grooming for Feet	75 min	\$127 per person

## HAIR SALON SERVICES

Hair Care by Valmont	60 / 90 min	\$115 / \$179 per person
Wash & Dry w/o Styling		\$77 per person
Wash & Dry with Styling		\$115 per person
Men Shampoo / Cut / Blow-Dry		\$77 per person
Ladies Shampoo / Cut / Blow-Dry		\$154 per person

## WAXING

Back and Chest	\$154 per person
Back	\$128 per person
Bikini	\$77 per person
Brazilian	\$128 per person
Chin	\$26 per person
Eyebrow Waxing	\$39 per person
Full Face	\$103 per person
Full Leg	\$115 per person
Half Arm	\$58 per person
Half Leg	\$77 per person
Lip	\$26 per person
Underarm	\$39 per person

All prices are in US\$.

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## HOW TO SPA

THE SPA OPERATING HOURS ARE FROM 10:00AM - 7:00PM DAILY

## MAKING RESERVATIONS

### HOW DO I MAKE SPA RESERVATIONS?

Our Spa is very popular with guests and as such we strongly recommend that you book your Spa treatments well in advance. Reservations can be made in person or by dialling The Spa reception on extension 5360 from your villa telephone.

### I AM PREGNANT - WHAT TREATMENTS DO YOU RECOMMEND?

As always, our priority is the safety and well-being of our guests. As such, we do not recommend full body massage in the first trimester of pregnancy and also advise limited body treatments throughout the term of pregnancy. To assist with your choice of available treatments, please contact one of our spa consultants.

### WHAT HAPPENS IF I NEED TO CANCEL MY TREATMENT?

If you would like to reschedule or cancel your booking, you can do so at any time subject to providing a minimum of 12 hours notice. If a cancellation is made less than 12 hours prior to your appointment time, a 50% charge will apply. If there is no notice provided, a full charge will be made for the services reserved.

### CAN I HAVE A SPA TREATMENT IN MY VILLA?

Yes, most treatments are available for you to have in the privacy of your own villa. Please ask our spa receptionists which treatments are available. A callout fee will be added to the treatment charge in certain villa categories.

## THE TREATMENT ITSELF

### HOW SHOULD I PREPARE FOR MY SPA TREATMENT?

Please shower off any oils and suntan creams prior to your treatment to allow better absorption of the products applied.

### WHAT DO I NEED TO WEAR?

Guests are required to wear a protective face mask upon entering the spa. There is no need to bring or wear any special clothing. Disposable underwear is provided for body treatments.

### WHAT TIME SHOULD I ARRIVE FOR MY TREATMENT

Please arrive at the spa a minimum of 15 minutes before your scheduled appointment time - this allows you time to fill out your consultation form, enjoy the ambience and start the relaxation process before your treatment begins.

### WHAT HAPPENS IF I'M LATE FOR MY APPOINTMENT?

As a courtesy to all our guests, a prompt appointment schedule is adhered to. Late appointments may not be honored if there is a treatment booked immediately after and will be charged the cancellation fee.

### WHAT MEDICAL OR PHYSICAL CONCERNS DO I NEED TO TELL THE THERAPIST?

All first-timers need to fill out a consultation form prior to their treatment - this is to provide you with the best possible experience and to assure your maximum safety and comfort.